

Guidelines for invasive procedure aftercare

Buccal fat removal

Stay in the hospital	1 night if needed
Next mandatory visit	on the 6th month
Can only eat soft foods	14 days
Forbidden to drink hot beverages	14 days
You may wash the head area	on the 3rd day
May go to work	on the 3rd to 4th day
Swelling may appear	up to 6 months
Avoid physically hard work	1 month
Avoid sexual relations	1 month
Forbidden to smoke	2 months
May go to sauna	after 6 months
Outcome can be evaluated	after 1 year