

Guidelines for invasive procedure aftercare

Otoplasty

Stay in the hospital	1 night
Initial follow-up visit	After 1 week and on the 3rd week
Next mandatory visit	On the 3rd month
You may wash the head area	On the 7th day
You must wear a headband or a support bandage	For 4-8 week
May go to work	After 1 week
Swelling and bruising appear	For 1-2 week
Avoid physically hard work	4 weeks
Avoid sexual relations	For 2 weeks
Threads self-dissolve	For 2-3 week
The sutures will be removed	After 3 weeks
Forbidden to smoke	1 month
May go to sauna	After 1 month
Decrease of sensitivity in tissue may manifest	For 6 months
Outcome can be evaluated	After 3 months
Protect skin from UV radiation	For 1 year