

## Guidelines for invasive procedure aftercare

### *Mentoplasty*

Stay in the hospital	1 night
Initial follow-up visit	On the 10th day
Next mandatory visit	On the 3rd month
Can only eat soft foods	1 month
You may wash the head area	On the 10th day
You may wear make-up	After 10 days
You must use patches	10 days
May go to work	After 10 days
Swelling and bruising may appear	For 2 weeks
Avoid physically hard work	5 weeks
Avoid sexual relations	1 month
Stitches are removed	On the 10th day
Forbidden to smoke	1 month
May go to sauna	After 1 month
Decrease of sensitivity in tissue may manifest	For 2-4 week
Outcome can be evaluated	After 3 months
Protect skin from UV radiation	For 1 year