

Guidelines for invasive procedure aftercare

Full facelift

Stay in the hospital	1 night, if necessary, more
Initial follow-up visit	After 1 week
Next mandatory visit	On the 4th week and on the 3rd month
The drains will be removed	On the 2nd day
The bandages will be removed	On the 7th day
You may wash the head area	On the 7th day
You may wear make-up	After 7 days
You must wear a headband or a support bandage	For 2 weeks
May go to work	After 2 weeks
Swelling and bruising appear	For 2-4 week
Avoid physically hard work	1 month
Avoid sexual relations	1 month
Threads self-dissolve	For 2-3 week
The sutures will be removed	After 3 weeks
Forbidden to smoke	2 months
May go to sauna	After 2 months
Decrease of sensitivity in tissue may manifest	For 6-12 months
Outcome can be evaluated	After 6-12 months
Protect skin from UV radiation	For 1 year