

Guidelines for invasive procedure aftercare

Rhinoplasty

Stay in the hospital	1 night
Follow-up visit	After 1 and 2 weeks
Next mandatory visit	On the 1st, 3rd, and 6th month
You may wash the head area	On the 14th day
You may wear make-up	After 14 days
You cannot wear glasses	3 months
You must not blow your nose	1 week
You must wear a plaster mask	For 2 weeks
May go to work	After 2 weeks
Bruising appears	For 2 weeks
Swelling appear	For 1 year
Avoid physically hard work	1 month
Avoid sexual relations	1 month
The sutures will be removed	After 1 week
Forbidden to smoke	2 months
May go to sauna	After 6 months
Decrease of sensitivity in tissue may manifest	For 1 year
Outcome can be evaluated	After 1-2 years
Protect skin from UV radiation	For 1 year
Protect your skin from extreme temperatures	1 year