

## Guidelines for invasive procedure aftercare

### *Liposuction*

Stay in the hospital	1 night, if necessary, more
Initial follow-up visit	On the 2nd-3rd week
Next mandatory visit	On the 3rd month
The bandages will be removed	On the 2nd day
First shower	On the 4th-5th day
Wear supportive underwear	2 months during the day and 1 month at night
Use patches	For 2 weeks
May go to work	After 3-30 days
Bruising appears	For 3 weeks
Swelling appears	6 months
Avoid physically hard work	3 weeks
Avoid sexual relations	1 month
Threads self-dissolve	For 2 weeks
The sutures will be removed	For 2 weeks
Forbidden to smoke	1 month
May go to sauna	After 1 month
Decrease of sensitivity in tissue may manifest	For 6-12 months
Outcome can be evaluated	After 1 year
Protect skin from UV radiation	For 1 year