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## **Pre-procedure instructions**

## Facial fillers

## Contraindications

- allergic reaction to lidocaine
- pregnancy and breast-feeding
- sores
- fever

## **Possible side effects**

- swelling
- redness
- pigmentation
- roughness
- bruising

2 weeks before	Abstain from laser treatment, chemical peeling and other skin procedures to prevent occurence of inflammation.
1 week before	Abstain from aspirin and other blood thinning medications, such as Ibuprofen, Paracetamol or Hjertemagnyl.
48 h before	Last chance to cancel the procedure.