

## Guidelines for procedure: Injection lipolysis

### Contraindications:

- pregnancy and breast-feeding
- psoriasis
- fever
- herpes

### Possible side effects:

- swelling
- redness
- hematomas
- pigmentation
- changes in local blood circulation

1 week before	Abstain from aspirin and other blood thinning medications, such as Ibuprofen, Paracetamol or Hjertemagnyl.
48 h before	Last chance to cancel the procedure.
After 6 h	The treated area may be washed
During 48 h	Abstain from aspirin and other blood thinning medications, such as Ibuprofen, Paracetamol or Hjertemagnyl.
For 3 days	Abstain from sauna, massage and sports. Nausea and diarrhea may occur.
For 4 days	Minor redness, swelling and itching may occur in the treated area. Do not use an ice pack to reduce the swelling as the solution reacts to the temperature.
For 5 days	Massage the treated area for 5 minutes and 5 times a day
For 2-4 weeks	Hyperpigmentation may occur in the treated area.
Up to 1 month	Minor lumps and bumps may occur.