

Guidelines for pre-PRP treatment procedures

Before the procedure:

- 3-5 days before the procedure avoid consuming Ginko Biloba, vitamin E and aspirin and anti-inflammatory preparations such as ibuprofen and paracetamol.
- 7 days before the procedure avoid dying hair.
- 3 days before the procedure avoid consuming tobacco and alcohol.
- The day before and on the day of the procedure drink plenty of liquids.
- On the morning of the procedure or at the latest the night before, wash the area to be injected or hair with neutral, non-irritant cleansers.

PRP after-treatment guidelines:

- Slight inflammation and pain are normal after the treatment, but in case of more serious concerns, contact the clinic.
- The day after the procedure, hair should be washed with specially designed shampoo.
- Avoid the sun for the first 2 days.
- Avoid using alcohol and tobacco for the first 3 days after the procedure.
- You can dye hair 7 days after the procedure.
- During the first week after the procedure, avoid Ginko Biloba, vitamin E and aspirin and anti-inflammatory preparations such as ibuprofen and paracetamol.

Contraindications:

- Pregnancy and breast-feeding
- Autoimmune diseases
- Acute infectious diseases